



K - 8 LUNCH MENU

2011-12 SEMESTER I

Milk served daily with lunch



Monday	Tuesday	Wednesday	Thursday	Friday	Dates Served
Smoked Teriyaki Chicken Rice Fresh Orange Grades 6-8: Cheese	Old-Fashioned Cheeseburger Sweet Potato Fries Apple Slices Grades 6-8: Vegetarian Beans	Yummy Catfish Strips Corn Pears	Chicken Patty Sandwich Toasted Green Beans Mixed Fruits	Soft Taco w/ Beef & Lettuce Vegetarian Beans Fresh Apple	8/30 - 9/2/11 9/26 - 9/30/11 10/24 - 10/28/11 11/28 - 12/1/11
My Favorite BLT Sandwich Peaches Trail Mix	Tangy Orange Chicken Rice Peas & Carrots Brownie	Nachos with Beef & Cheese Vegetarian Beans Pears Grades 6-8: Cheese	Oh-So-Good Potato Strips Corn Mixed Fruits Grades 6-8: Frozen Juice Bar	Egg & Cheese Burrito Loco Bread Beans	9/6 - 9/9/11 10/3 - 10/7/11 10/31 - 11/4/11 12/5 - 12/9/11
Oh My! Vegetarian Lasagna Fresh Banana Dried Cranberries	Ham & Cheese Deli Sandwich Celery Sticks with Peanut Butter Mixed Fruits	Home Style Sloppy Joe on a Bun Refried Beans Frozen Juice Bar Grades 6-8: Fresh Orange	Tuna Salad Sandwich Peas & Carrots Peaches Grades 6-8: Cheese	My Burrito, My way! Lettuce Vegetarian Beans Rice	9/12 - 9/16/11 10/10 - 10/14/11 11/7 - 11/10/11 12/12 - 12/16/11
Yum Yum Rib B Q Potato Rounds Pears	Grilled Cheese Sandwich on Wheat Bread Corn Fresh Orange Grades 6-8: Jungle Crackers	Simply Delicious Cheese Pizza Peas & Carrots Fresh Banana Grades 6-8: Mixed Fruits	My New BBQ Chicken Flatbread Fresh Apple Trail Mix Grades 6-8: Graham Crackers	Mama's Spaghetti with Meat Sauce Dinner Roll Peaches	9/19 - 9/23/11 10/17 - 10/21/11 11/14 - 11/18/11 12/19 - 12/23/11

Everyday Optional Entrée Salads

Cobb Salad Lettuce with eggs, chicken, turkey bacon, cheese, tomatoes, onions, and avocados	Waldorf Turkey Salad Turkey, chopped celery, diced apples with dry cranberries and walnut to delight.	Pasta Salad Pasta and mixed vegetables with Italian dressing for a refreshing lunch.	California Salad How Californian! Chicken, spinach cranberries, walnuts, mozzarella cheese.	Fruit Salad Apples, grapes, peaches, pineapple chunks, raisins, cottage cheese & lettuce	Do you have a need for meal substitutions? A medical form must be on file. Please call Food & Nutrition Services at (626) 943-6590
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